



## AFTER TREATMENT ADVICE

- The usual time span between treatments is 4 to 6 weeks depending on the area treated
- If you have not been waxed or sugared previously, you may feel a little discomfort after your first sugaring session; this will lessen after subsequent treatments
- To ensure a smooth feel to your skin, do not shave between treatments as this causes thick and uneven hair growth
- Redness may occur in some cases, however, this will disappear within a few hours
- As facial, chest and back skin is sensitive it is possible a few white headed spots may appear after treatment. To help avoid this use the **Antiseptic Soothe Lotion** for two days after treatment.

### Do Not Use:

- body oils or moisturising creams for 24 hours before your next appointment.
- deodorants, perfumed soap or cosmetics for several hours after treatment – this will allow your skin to calm down.
- a razor or hair removal creams between treatments, as these conflict with the benefits of sugaring.

### SMALL WHITEHEADS APPEAR AFTER TREATMENT?

Whiteheads are mostly due to the hair suddenly being pulled out of its follicle causing the sebaceous gland to excrete excessive sebum. This can cause small infections within the follicle which should disappear after two to three days.

- Use the **Antiseptic Soothe Lotion**, tea tree oil or the **antiseptic salt formula** to help protect and cool, dry itchy skin.

### REDNESS AND ITCHY SKIN AFTER TREATMENT?

This is caused by excessive blood flow to the treated areas. Some people's skin will look pink and feel hot and itchy immediately after treatment.

Others take longer to react, some do not react at all.

These are normal reactions and the redness will disappear after a few hours.

To help prevent skin overheating and itching after treatment:

- Avoid direct heat such as hot baths/showers, sun-beds and sun bathing until the skin has cooled down.
- Do not rub, scratch or exercise the skin after treatment.
- Avoid wearing tight fitting clothing.
- Use the **Antiseptic Soothe Lotion**, tea tree oil or use the **antiseptic salt formula** to help protect and cool, dry itchy skin.

### SKIN BECOMES RED AND LUMPY TWO WEEKS AFTER TREATMENT?

This is due to new hairs pushing through the skin surface, skin will look like pink goose-flesh and may feel itchy for two to three days. People with dry skin and strong hair suffer the most, experiencing more discomfort in winter when the pores are tightened.

- Avoid scratching in case of infection.
- Avoid extremes of temperature.
- Use the **Tea Tree Moisturising Lotion** to treat dryness and reduce the itchiness.
- Use a body-mitt or exfoliator to help remove dead skin cells.

**FURTHER TREATMENTS WILL REDUCE THIS REACTION AS THE HAIR GROWS SOFTER AND WEAKER.**

## AFTER CARE PRODUCTS

A range of after care product, are available to keep your skin in tip-top condition between treatments.

### TEA TREE MOISTURISING LOTION

350ml £9.00

Ideal for dry skin. Use between treatments to help prevent ingrown hair, eczema and psoriasis.

### ANTISEPTIC SOOTHE LOTION

350ml £9.00

Contains peppermint and menthol.

Designed to cool and refresh skin after hair removal, this lotion is easily absorbed and soothes the skin after exposure to the sun.

### VENTILÉ ANTI PERSPIRANT DEODORANT CREAM

50ml £4.00

Non-perfumed, non-irritating and non-staining.

Ideal for people who have their under arms sugared.

### HOME SUGARING KIT

£10.00

Ideal if travelling or as a gift for friends.

Contains: 300gm sugar paste, 50gm soothe lotion, 5 fabric strips, 2 wooden spatula applicators and easy to follow instructions.

#### THE ANTISEPTIC SALT FORMULA:

Add 1 cup of salt and some Detol or Savlon to a warm bath

SUGARING FOR MEN